

# STARLAC

TABLETING →  
DIRECT COMPRESSION →  
CO-PROCESSED LACTOSE

Technical brochure  
StarLac®



# MEGGLE co-processed lactose grades for direct compression: StarLac®

## General information

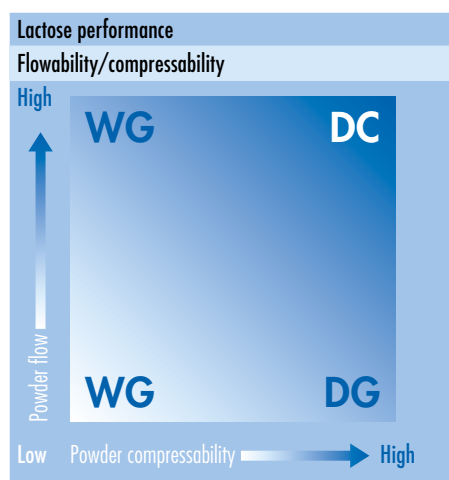
Direct compression (DC) tablet manufacture is a popular choice because it provides the least complex, most cost effective process to produce tablets compared to other tablet manufacturing approaches. Manufacturers can blend APIs with excipients and compress, making dosage forms simple to produce [1, 2].

DC technology and the use of modern tableting equipment require that excipients and APIs form a compactable mixture with excellent flowability and low particle segregation tendency [3].

In the pharmaceutical industry, lactose is one of the most commonly used excipients; however, like many other excipients, lactose may not be suitable for direct compression without modification due to insufficient powder flow or/and compaction properties (**Figure 1**).

## Product description

Alpha-lactose monohydrate and maize starch (corn starch) are functional excipients used in oral solid dosage forms. Both are naturally derived and well established in the pharmaceutical industry. Lactose is frequently used as a diluent or direct compression binder. Starch can be used as a binder for wet or dry applications, disintegrant, and diluent. In an effort to establish synergistic functional performance, such as enhanced compactability and faster tablet disintegration, lactose and starch were co-spray-dried to form a monoparticulate system. StarLac® comprises 85% alpha-lactose monohydrate and 15% native maize starch. StarLac® provides compaction and lubricant insensitivity characteristics desired for direct compression, and the hydration properties desired for rapid API release. Additionally, StarLac®'s flowability is superior compared to a physical blend of the individual components in equivalent ratio.



**Figure 1:** Powder blend compressibility and flowability requirements for various tableting technologies (DC is direct compression, WG is wet granulation, DG is dry granulation) [3].

## Regulatory & quality information

The raw materials used to produce StarLac®, alpha-lactose monohydrate and maize starch, comply with Ph.Eur., USP-NF, and JP monograph requirements. Since no chemical modifications occur during co-processing, individual chemical identities are maintained. Therefore, StarLac® can be considered as a physical blend of alpha-lactose monohydrate and native maize starch. A StarLac® drug master file (DMF) is available during FDA (Food and Drug Administration) drug product submission review and approval. The native maize starch used during StarLac® manufacture is GMO-free (genetically modified organism) and gluten-free. Specifications and regulatory documents can be downloaded from [www.meggle-pharma.com](http://www.meggle-pharma.com).

Our pharma-dedicated production facility in Wasserburg, Germany is certified according to DIN ISO 9001:2008, has implemented cGMP according to the Joint IPEC-PQG Good Manufacturing Practices Guide for Pharmaceutical Excipients and USP General Information Chapter <1078>. The Wasserburg facility demonstrates MEGGLE's complete lactose production capability range, including sieving, milling, agglomeration, spray-drying, and co-processing. Additionally MEGGLE is a member of IPEC (International Pharmaceutical Excipients Council).

MEGGLE invests considerably in raw material resource sustainability, production standards, efficiency and is actively engaged in environmental protection. Excipients meeting pharmaceutical standards is our first priority.

## Application

StarLac® is designed for direct compression and may be used in other formulation development approaches. In comparison to a physical blend of the individual components, StarLac® provides superior flow, improved compaction, decreased lubricant sensitivity, and hardness-independent tablet disintegration. Because StarLac® possesses brittle and plastic deformation characteristics, it also can be used in dry granulation formulations.

- Direct compression
- ODT formulations
- Dry granulation

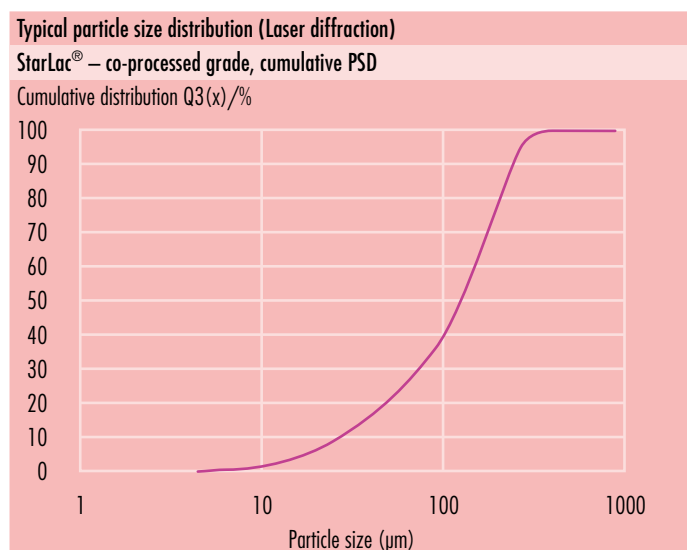
## BENEFITS

### StarLac®

- Excellent compactability
- Excellent flowability
- Rapid, hardness-independent tablet disintegration
- Compaction and hydration properties independent of hydrophobic lubricant type or level

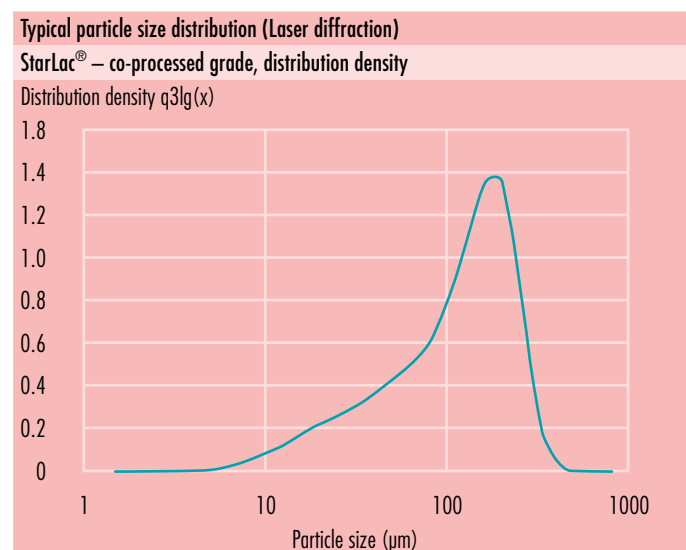
## Particle size distribution (PSD)

**Figure 2** shows typical laser diffraction particle size distribution data for StarLac®. StarLac® possesses a narrow PSD that supports homogenous powder blend preparation, essential for achieving good tablet quality.



**Figure 2:** Typical cumulative PSD and distribution density of MEGGLE's StarLac®. Analyzed by Sympatec®/Helos & Rodas particle size analyzer.

**Figure 3** depicts the specified PSD range and typical average values by air jet sieving. These parameters are constantly monitored through in-process-control (IPC) testing and are part of the StarLac® particle size distribution specification.



Sieve data – co-processed lactose		
	Lactose type	StarLac®
		specified/typical
Particle size distribution	< 32 µm	<b>NMT 15 %</b> /6 %
Method:	< 160 µm	<b>35 – 65 %</b> /49 %
Air jet sieving	< 250 µm	<b>NLT 80 %</b> /90 %
	< 315 µm	/99 %

**Figure 3:** Specified PSDs for StarLac® by air jet sieve in bold letters. Typical values obtained from a permanent in-process-control are shown for orientation.

## Batch-to-batch consistency

Batch-to-batch consistency for all lactose products can be attributed to MEGGLE's long history and experience in lactose manufacture, and broad technical expertise. Constant in-process and final product testing ensures consistency and quality (Figure 4).

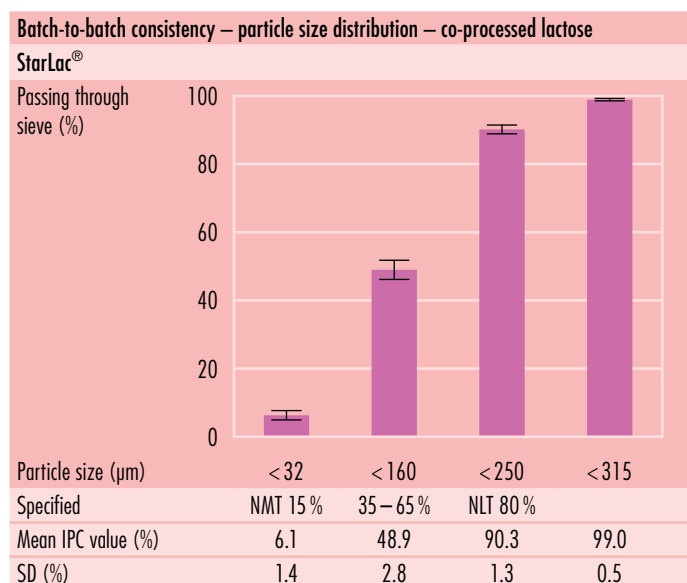


Figure 4: StarLac® particle size distribution batch-to-batch consistency by air jet sieve analysis. Data obtained from a permanent in-process-control (IPC) of subsequent batches over 12 months.

## Isotherms

StarLac® exhibits moderate moisture uptake under high relative humidity conditions due to the starch influence on the observed equilibrium moisture content (Figure 5).

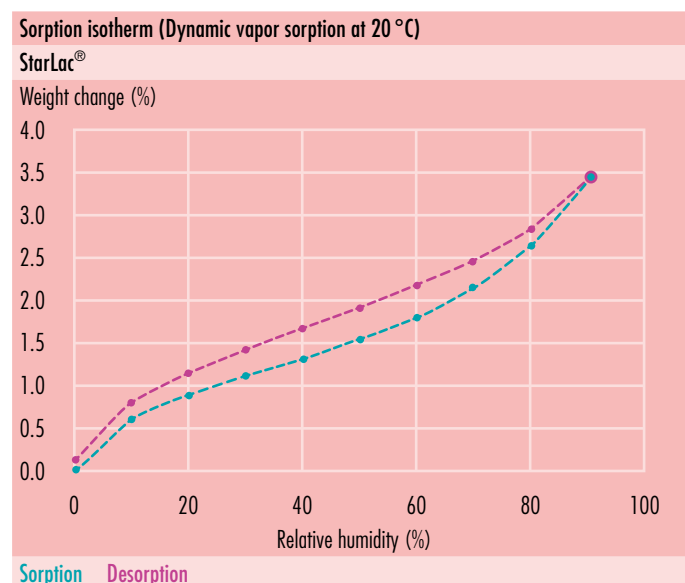


Figure 5: Sorption-desorption isotherm of StarLac®.

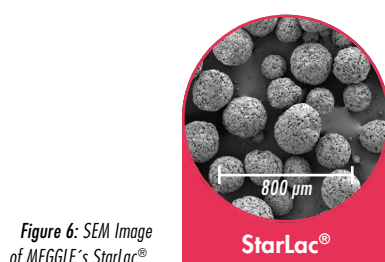


Figure 6: SEM Image of MEGGLE's StarLac®.

## Scanning electron micrograph (SEM)

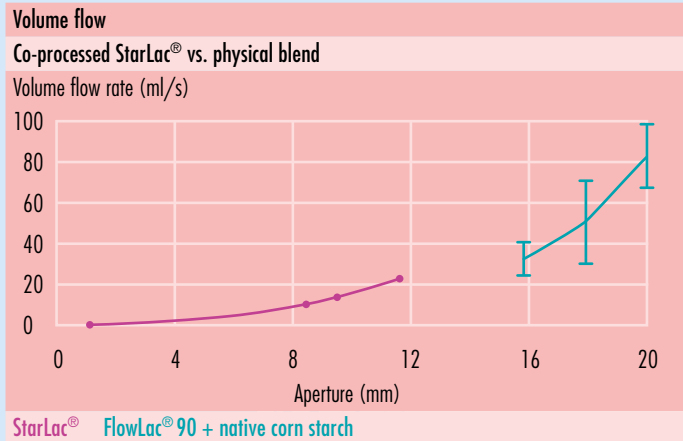
StarLac® is nearly spherical in shape due to the co-spray-drying manufacturing process. StarLac®'s overall morphology reduces blend segregation and improves finished dosage form content uniformity (Figure 6).

## Functional related characteristics

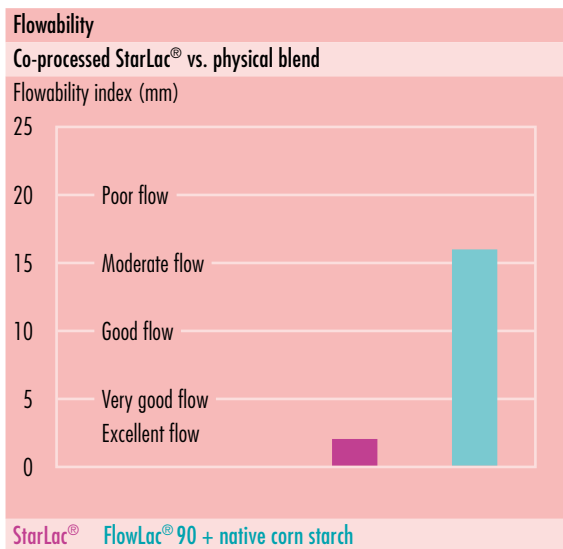
### Powder flow

In assessing powder flow using a FlowRatex® apparatus, StarLac® exhibited superior flowability compared to a physical blend made up of spray-dried lactose and maize starch. The simple blend of individual ingredients showed greater flow variation compared to StarLac® (**Figure 7**). StarLac® also possessed lower flowability index (StarLac® = 2 mm, physical blend = 16 mm), indicating superior flowability (**Figure 8**).

Flowability can also be described by the Hausner ratio, Carr's index, or angle of repose. A Hausner ratio below 1.25 or Carr's index below 20 indicates that powders are freely flowing. Angle of repose describes "good flowability" between 31–35°, and in general, worsens with steeper angles. **Figure 9** shows typical flowability indices for StarLac®, indicating excellent flowability.



**Figure 7:** Volume flow rate (ml/s) as a function of aperture size (mm diameter) for StarLac® and a comparable physical blend analyzed by a FlowRatex®.

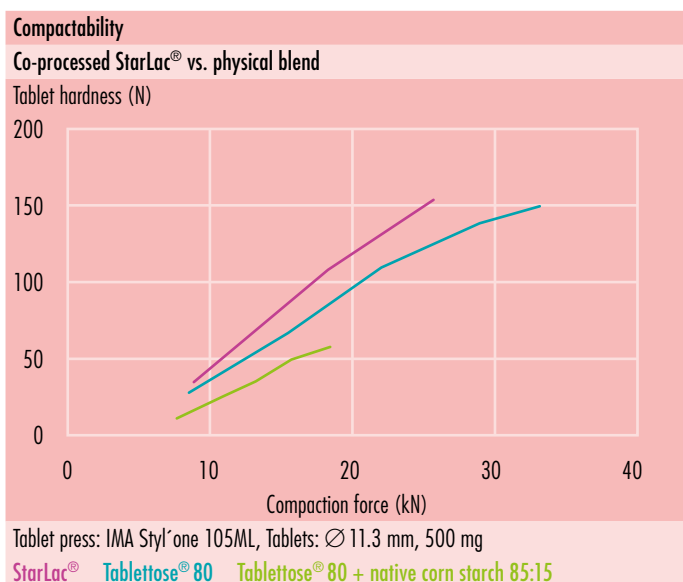


**Figure 8:** Flowability index of StarLac® and its corresponding physical blend. Smaller values indicate better flowability.

**Flowability**  
Co-processed lactose

	Angle of repose (°)	Density bulk (g/l)	Density tapped (g/l)	Hausner ratio	Carr's index (%)
StarLac®	29	540	670	1.24	19.40

**Figure 9:** Flowability/processability related parameters of StarLac®.



### Compactability and friability

The results have shown that StarLac®'s compactability is superior to a comparable physical blend of the individual components in the same ratio (**Figure 10**). Due to excellent compactability, low friability (< 1 %) is given (**Figure 11**), eliminating the need for a protective coating.

**Figure 10:** Tablet hardness profile for StarLac® compared to a physical blend of the individual components and Tablettose® 80 (granulated lactose). Tablets were produced using a tablet press: IMA Styl'one fitted with 11,3 mm punches. Average tablet weight was targeted at 500 mg.

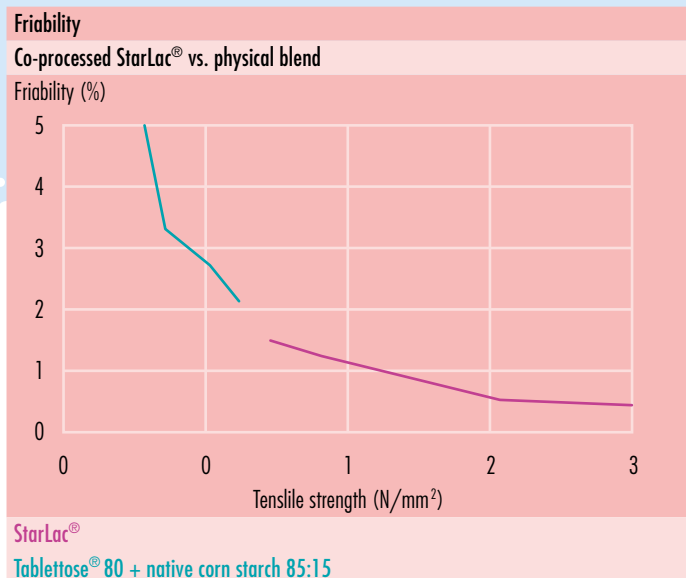


Figure 11: Friability of tablets produced either with StarLac® or its corresponding physical blend.

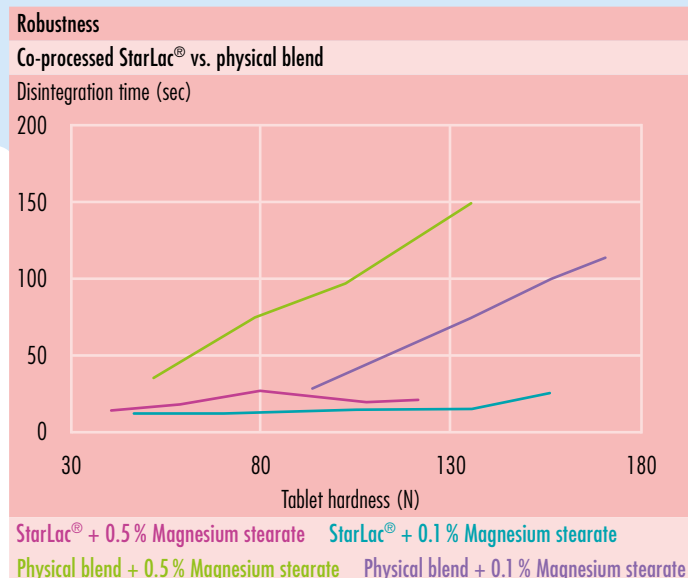


Figure 12: Tablet disintegration profile showing StarLac® hardness and lubricant level independent disintegration times.

## Disintegration and Dissolution

Superior hydration characteristics make StarLac® ideal where rapid tablet disintegration is desired. In addition, StarLac® tablet disintegration is independent of lubricant level and tablet hardness. A physical blend comprising lactose and starch demonstrated significant lubricant sensitivity and tablet hardness dependency, by comparison (**Figures 12 and 13**). As a result of tablet disintegration data, follow-up studies revealed accelerated API dissolution when using StarLac® (**Figure 14**). The hardness independent and lubricant insensitivity exhibited by StarLac® also make it a candidate for orally disintegrating/dispersible tablet (ODT) applications.

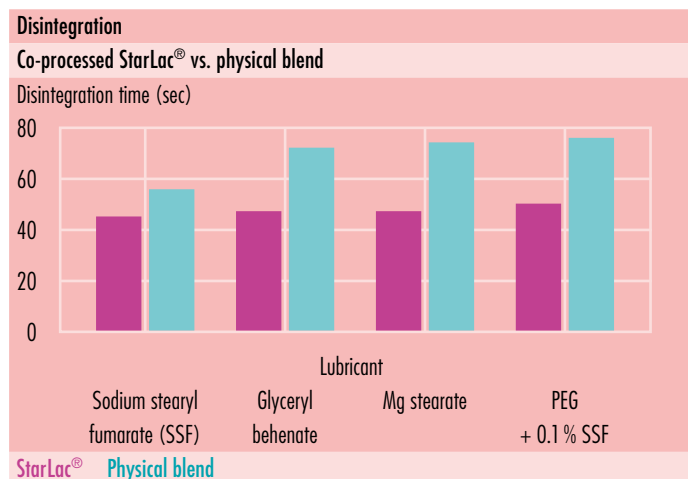


Figure 13: Tablet disintegration time for tablets produced with StarLac® compared to a physical blend of the individual ingredients. Powders were lubricated to 0.5 % as shown.

## Packaging and shelf life

Packaging material complies with Regulation (EC) No. 1935/2004 and 21 CFR 174, 175, 176, 177 and 178. Stability tests have been performed according to ICH guidelines and an ongoing stability program is implemented. **Figure 15** provides an overview about packaging size and material, and product shelf life.

Packaging and shelf life			
StarLac®			
	Size	Material	Shelf life
StarLac®	25 kg	Paper bag with PE-EVOH-PE-inliner	36 months

Figure 15: Packaging and shelf life of MEGGLE's StarLac®.

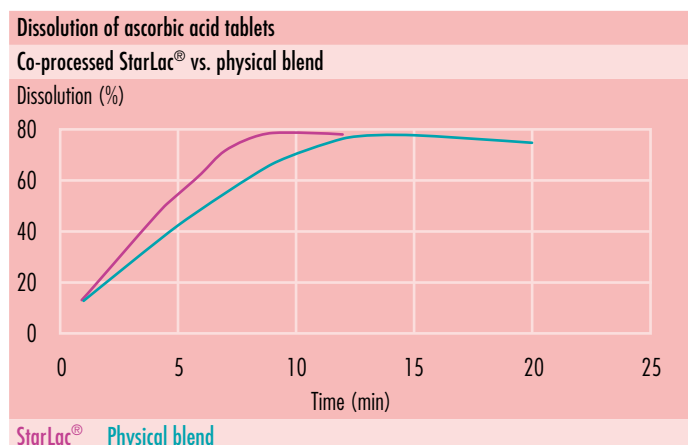


Figure 14: Dissolution profiles for ascorbic acid formulations (30 % loading) produced with StarLac® compared to a physical blend.

## Literature

- [1] Meeus, L. (2011). Direct Compression versus Granulation. *Pharmaceutical Technology*, 23(3).
- [2] Kristensen, H. G., & Schaefer, T. (1987). Granulation: A Review on Pharmaceutical Wet-Granulation. *Drug Development and Industrial Pharmacy*, 13(4–5), 803–872.
- [3] Mîinea, L. A., Mehta, R., Kallam, M., Farina, J. A., & Deorkar, N. (2011). Evaluation and Characteristics of a New Direct Compression Performance Excipient, 35(3).

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